

There is therefore now no condemnation to them which are In **Christ Jesus**, who walk not after the flesh, but After **The Spirit**. For the law of **The Spirit** of life In **Christ Jesus** hath made me free from the law of sin and death. For what the law could not do, in that it was weak though the flesh, **God** Sending **His Own Son** in the likeness of sinful flesh, and for sin, Condemned sin in the flesh: that the righteousness of the law might be fulfilled in us, who walk not after the flesh, but After **The Spirit**. For they that are after the flesh do mind the things of the flesh; but they that are After **The Spirit**, the things Of **The Spirit**. For to be carnally minded is death; but to be spiritually minded is life and peace. Because the carnal mind is enmity against **God**: for it is not subject to the law Of **God**, neither indeed can be. So then they that are in the flesh cannot please **God**.

But ye are not in the flesh, but In **The Spirit**, if so be that **The Spirit Of God** Dwell in you. Now if any man have not **The Spirit Of Christ**, he is none of **His**. And if **Christ** Be In you, the body is dead because of sin; but **The Spirit** Is life because of righteousness. But if **The Spirit Of Him** that Raised up **Jesus** from the dead Dwell In you, **He** that Raised up **Christ** from the dead Shall also Quicken your mortal bodies By **His Spirit** that Dwelleth in you.

Therefore, Brethren, we are debtors, not to the flesh, to live after the flesh. For if ye live after the flesh, ye shall die: but if ye Through **The Spirit** do mortify the deeds of the body, ye shall

live. For as many as are Led By **The Spirit Of God**, they are the sons Of **God**. For ye have not received the spirit of bondage again to fear; but ye Have Received **The Spirit** of adoption, whereby we Cry, **Abba, Father**. **The Spirit Itself** Beareth Witness With our spirit, that we are the children Of **God**: and if children, then heirs; heirs Of **God**, and joint-heirs With **Christ**, if so be that we suffer with **Him**, that we May Be also Glorified together.

For I reckon that the sufferings of this present time are not worthy to be compared with the glory which Shall Be Revealed in us. For the earnest expectation of the creature waiteth for the manifestation of the sons Of **God**. For the creature was made subject to vanity, not willingly, but by reason of him who hath subjected the same in hope; because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children Of **God**. For we know that the whole creation groaneth and travaileth in pain together until now. And not only they, but ourselves also, which have the firstfruits Of **The Spirit**, even we ourselves groan within ourselves, waiting for the adoption, to wit, the redemption of our body. For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for? But if we hope for that we see not, then do we with patience wait for it.

Likewise **The Spirit** also Helpeth our infirmities: for we know not what we should Pray for as we ought: but **The Spirit**

Itself Maketh Intercession For the saints according to the Will Of **God**.

And we know that all things work together for good to them that Love **God**, to them who are the called according To **His** Purpose. For whom **He** Did Foreknow, **He** also Did Predestinate to be conformed to the image Of **His Son**, that **He** might Be **The Firstborn** among many Brethren. Moreover, whom **He** Did Predestinate, them **He** also Called: and whom **He** Called, them **He** also Justified: and whom **He** Justified, them **He** also Glorified.

What shall we then say to these things? If **God** Be For us, who can be against us? **He** that spared not **His Own Son**, but Delivered **Him** up for us all, how shall **He** not With **Him** also freely Give us all things? Who shall lay any thing to the charge of **God's** Elect? **It Is God** that Justifieth. Who is he that condemneth? **It Is Christ** That died, yea rather, That Is Risen again, **Who** Is even at the Right Hand Of **God**, **Who** also Maketh Intercession For us. Who shall separate us from the Love Of **Christ**? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, For **Thy** Sake we are killed all the day long; we are accounted as sheep for the slaughter. Nay, in all these things we are more than conquerors Through **Him** that Loved us. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to

come, nor height, nor depth, nor any other creature, shall be able to separate us from the Love Of **God**, Which is In **Christ Jesus** our **Lord**.

Romans 8

weeks (am taking penicillin for it).

Too often a week has gone by over the past year where I did not do the greatest Commandment.

10/23/89 I include Loving **God** with a Thankful heart in the heart sequence.

11/11/89 Sat. I have been Loving **God**, **The Father** and, then, **Dear, Lord Jesus Christ, The Son Of God, The Messiah, God, The Son, The Immanuel, The King Of Kings, The Lord Of Lords, The Prince Of Peace, The Lamb, The Amen, The First And The Last**, my **Saviour**, and my **Lord** before going for my '50 min.' 2 mile walk on the second phase sequence on 10/24/89 (Tues.) and every walk since then (2 more) before my angiogram.

During the first sequence of 12 walks of 2 miles in 50 min., I Loved, in Combination only, **God, The Father** and **Dear, Lord Jesus Christ, The Son Of God, The Messiah, God, The Son, The Emmanuel, The King Of Kings, The Lord Of Lords, The Prince Of Peace, The Lamb, The Amen, The First And The Last**, my **Savior**, and my **Lord** with my regular Prayers prior to the main exercises.

For some time (over a year), I do not Ask For **The Holy Spirit's, The Holy Ghost's, The Helper's, The Comforter's, The Spirit Of Truth's, God, The Spirit's** Help in Loving **God**, but I do try to remember to Pray with **The Spirit, The Holy Ghost, The Holy Spirit, God, The Spirit, The Helper, The Comforter, The Spirit Of Truth** Being With me in Loving **God** even though I don't Ask directly for Help as pointed out here.

I have not Loved **Dear, Lord Jesus Christ, The Son Of God, The Messiah, God, The Son, The Immanuel, The King Of Kings, The Lord Of Lords, The Prince Of Peace, The Lamb, The Amen, The First And The Last**, my **Saviour**, and my **Lord** with all of my strength since my

that if thou shalt Confess with thy mouth **The Lord Jesus**, and shalt believe in thine heart that **God Hath Raised Him** From the dead, thou Shalt Be saved. For with the heart man believeth unto righteousness; and with the mouth Confession is made unto salvation.

Romans 10:9,10

[ventricular] fibrillation and first myocardial infarction, but I am hoping to get that in the future, as my sequence in walking advances with the greatest Commandment and health schedule advances.

In my regular Prayers, when I just Love **God**, I try to Pray and Love **God** with my spirit over and around me.

12/25/89 Christmas Day I learned more about Faith today.

By Faith, for the first time, I was able to Love **God, The Father** more and **Dear, Lord Jesus Christ** more today Thanks To **God** during the greatest Commandment.

12/27/89 Instead of pushing everything bad out of my brain and then Loving **God** with all of my mind, I Loved **God** all the way into the center of my mind and then out.

In Loving **God** with all of my mind, with all of my heart, and with all of my soul combined with the "3 circles" and "hollow rods" connecting, my Love inside [the "rods"] For **God** was white for the first time.

I Love **God**.

Jan., 1990 In the first week of January I Prayed and decided to change the concentrated practice of the greatest Commandment to once a week, prior to my major exercises, instead of what I have been doing, which was once each before each major exercise recently.

Jan. & Feb., 1990 I have been accounting the greatest Commandment and my regular weekly Prayers. For each Sunday I put a "GC" for the greatest Commandment for each week that it is

For the Preaching of the cross is to them that perish, foolishness; but unto us which are saved, it is the Power Of **God**. For it is written, **I Will Destroy** the wisdom of the wise, and **Will Bring** to nothing the understanding of the prudent. Where is the wise? where is the scribe? where is the disputer of this world? Hath not **God** Made foolish the wisdom of this world? For after that in the Wisdom Of **God** the world by wisdom knew not **God**, it Pleased **God** by the foolishness of Preaching to save them that believe. For the Jews require a sign, and the Greeks seek after wisdom: but we Preach **Christ** crucified, unto the Jews a stumblingblock, and unto the Greeks foolishness; but Unto them which are called, both Jews and Greeks, **Christ** the Power Of **God**, and the Wisdom Of **God**. Because the foolishness Of **God** is wiser than men; and the weakness Of **God** is stronger than men.

1 Corinthians 1:18-25

accounted (as well as, "R" for each week regular Prayer accomplished).

March, '90 I have been projecting my mind in Loving **God** and my soul in Loving **God** and my heart in Loving **God** more up To **Him** now.
5/5/90 Sat. In Loving **God** in the heart sequence I added a Repentant heart.

But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which **God** Hath Prepared for them that Love **Him**. But **God** Hath Revealed them Unto us by **His Spirit**: for **The Spirit** Searcheth all things, yea, the deep things Of **God**.

1 Corinthians 2:9,10

Later I added a patient heart in Loving **God**; in this I Love **God** with a patient heart twice.

Since my lip has been horribly busted up, since the beginning of this week, I have temporarily stopped doing the greatest Commandment because of the tendency for me to move my mouth.

Later Lip was not busted up real long bad; and, I resumed the greatest Commandment.

7/18-20/90 Wednesday-Friday This week I began Loving not Just with the parts of my being up in front Of **Him**, and the parts of my being brought back and forth for Combination, as well, but direct, full connection. The direct, full connection is my full mind up there, and my full mind is down here, and there is non - interfered with connection between my mind in **God's** Presence and my mind here. This new non - interfered with connection practice is accomplished with the Help and Power and Grace Of **God**.

Before this week (and this week) for a number of past months, I would have the part of my being Loving **God** ①do a whole job; ②go beyond that part of my being overall; ③the beyond goes above my being but is still attached (still attached is optional); ④all of my mind, soul, and/or heart leaves my flesh while Loving **God** up Toward **Him**;

to deliver such a one unto Satan for the destruction of the flesh, that the spirit may be saved in the Day Of **The Lord Jesus**.

Your glorying is not good. Know ye not that a little leaven leaveneth the whole lump?

1 Corinthians 5:5,6

⊙then, there is a plane, above that plane is intense light, and all of the part of my being is placed in the middle of that plane, and that part of my being can be turned around in the plane so that mostly all or all of heart, mind, and/or soul can have the advancement of the light area and its cleansing effect (the light area goes all the way To **God**); ⊙then, I Love **God** with all of my soul, with all of my mind, and with all of my heart (usually, at this stage, involving the combination process) in the light area; ⊙and then, with **God On His Throne** I Love **Him** with the different parts of my being and bring those parts back into my flesh, as in the other six stages here, and Love **God** in my flesh with more force. When I am Before **God On His Throne**, **God, The Father** Is in front of me, and when I Love **The Messiah, God, The Son, He** Is To the Left Of **God, The Father**, On **His Throne On The Father's Right Hand**. My **Dear, Lord Jesus Christ** Is very big and powerful next To **God, the Father**.

8/12/90 Sunday **Jesus Christ** Helped me clear my brain weeks ago, and I have been doing it ever since before Loving **God** with my mind. Two arcs start at the top of my head swinging down convexly to the sides of the inside of my skull with the convex sides being downward. Everything is clear above those arcs. Those arcs are pulled upward around a 45° angle away leaving clearness to Love **God** behind as the upper part, where the 2 arcs met above in the mind, comes down clearing bad away, including a dark spot, if it's there, as the clearness goes down leaving a now clear mind for Loving **God**.

8/18/90 Sat. I'm not attempting g.C. now because lower mouth

But if any man Love **God**, the same is known Of **Him**.

1 Corinthians 8:3

sore

About a week later Back in action.

9/15/90 Sat. Squirrel swiped upper lip area with claw. I stopped doing the greatest Commandment for awhile because of damaging movement of lip. Later in the week I began doing just one part at a time.

9/29/90 Sat. I've had trouble concentrating on the greatest Commandment, recently, while doing it.

10/28/90 »A new Church moved to my city from the slums of an adjacent city. These wanna-bes held Service underneath the basketball courts in our historic Armory. While Service was going on, there was the pound, pound, pound of the basketball(s) through the ceiling.«

The "pastor" said from the pulpit that the greatest Commandment could not be done. I broke etiquette and said it could be done from the Congregation.

He and I argued, and I said some fine things. I basically got thrown out of the Church. 2½ months later I don't remember the fine things that came out of my soul for doing the greatest Commandment.

Nov. 14, '90 I gave the "pastor" the first city magazine g. C. letter in a file, which he thanked me for after the Service. As usual, there were times he was not accurate in his Sermon but very profound in his statements.

12/19/90 Wed. The "pastor" said I had a liberal interpretation of The Bible (which is the opposite of the truth) in the greatest Commandment letter. I asked him if he read the Scriptures laid out for him, and he said, "No".

I said that is a liberal view of his not knowing the information [as a fact] and making his statements.

And now abideth faith, hope, charity, these three; but the greatest of these is charity.

1 Corinthians 13:13

I asked him if he showed up for the anti - strip joints meeting in the city they moved the Church from, and he gave me a meandering answer.

I asked him again if he did, and he said, "No". I said that was very liberal of him.

He asked me "not to bother" them "again".

The Church had a Rebel flag in the front.

Late Dec. He sent my check back.

12/19/90 Thursday In doing the greatest Commandment Loving **God** with all of my mind I have had trouble clearing my mind with the two arcs method. Thanks To **God** I use a plane that cuts right through my brain in the middle from the front to the back all the way down; the plane, then, separates in two, and the two planes push out bad to the sides all the way out leaving a clean area vs. evil -- a pure mind that Loves **God**.

1/16/91 Wed. I have had trouble clearing out my mind for the past number of weeks in preparation and in the process of Loving **God** with my mind; I have used all 3 methods (the "planes" method, the "arcs" method, and the center-out method), at times too often unsuccessfully, often one method, one right after another.

At best since Feb. 1991 I have been using as a method to clear my mind of bad, kind of a plane that goes through my neck and moves up through my head, through the top, cleaning my mind, so that it is more pure for Loving **God**. This being the fourth method.

Most of the time, I have been using all four methods of cleaning my mind in preparation of Loving **God**.

4/1/91 Monday I hurt my lip from the tomatoes in the tomato spaghetti sauce, so I will not be actually doing the greatest Commandment for awhile.

Then cometh the end, when **He** Shall Have Delivered Up the kingdom To **God**, even **The Father**; when **He** Shall Have Put Down all rule, and all authority and power. For **He** must Reign, till **He** Hath Put all enemies Under **His** feet. The last enemy that Shall Be Destroyed is death. For **He** Hath Put all things Under **His** Feet. But when **He** Saith, All things Are Put Under **Him**, it is manifest that **He** Is Excepted, **Which** Did Put all things Under **Him**. And when all things Shall Be Subdued Unto **Him**, then Shall **The Son** also **Himself** Be Subject Unto **Him** that Put all things Under **Him**, that **God** May Be All In all.

1 Corinthians 15:24-28

5/14-15/91 **The Holy Spirit** Helped me in Loving **God** today.

9/5/91 Thurs I have been, unfortunately, having trouble concentrating on the greatest Commandment, in a poor way since June.

[5/10/91 I began Loving **God, The Father**, with my strength, again.]

9/16/91 I began Loving **God, The Father** with all of my strength.

2/20/92 Thurs. The first stage of expanding Loving **God** with all of my mind, the sphere expanded from in my mind outward now goes beyond my head area and expands spherically to cover all of my body (I am having problems right now expanding it to my toes).

The more frequent I do the greatest Commandment, it is easier to overcome the roadblocks and obstacles in achieving it.

3/4/92 Wed. On the 2nd paragraph prior (first paragraph of 2/20/92), I haven't completed expanding all the way, I don't see a full purpose at the early stages of practicing the greatest Commandment, so I'm not going to do that.

Ye are our epistle written in our heart, known and read of all men: forasmuch as ye are manifestly declared to be the epistle Of **Christ** ministered by us, written not with ink, but with **The Spirit Of The Living God**; not in tables of stone, but in fleshly tables of the heart.

And such trust have we Through **Christ** to **God**-ward: not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is Of **God**;

2 Corinthians 3:2-5

3/11/92 Wed. I have not practiced the greatest Commandment, as I should, due to poor time scheduling.

4/26/92 Sunday At the final stage today, once I sent my being out to the different places in the spiritual areas Before **God**, I sent my Love full to the part of my being in the different places, as well.

1992 I began passing out more regularly the Greatest Commandment first letter (not published one) for the city magazine to the people in my Church, which I've been a member, since 1991, particularly to visiting Pastors.

[I gave the original letter to my Pastor months earlier.]

On a different issue I asked my Pastor to meet with me. Horrendously, he did not meet with me a week later nor a month later. I came to him about a season later at the end of Church and stated he should have met with me sooner. He did not like this. Earlier, he asked me to come to some Services during the week. I came on Thursday. At the end of the Thursday evening Service, I passed out the Greatest Commandment letter to the

For we commend not ourselves again unto you, but give you occasion to glory on our behalf, that ye may have somewhat to answer them which glory in appearance, and not in heart.

2 Corinthians 5:12

visiting Pastor; then, I passed it out to a couple of men in my Congregation; of which, my pastor rushed over and said, "It's not Scriptural". (Now the reason he did this was because of the necessary confrontation earlier that Sunday. He, also, gave me a hate look earlier in the Service this evening, even though he had asked me there earlier.) After the initial shock, I asked him to show me where it is not Scriptural; he turned to the Hebrews 4:12,13 and could not show that it was not Scripturally sound. My pastor asked Donna, who instructs at the Church's college, to read this Greatest Commandment letter and let us know.

That coming Sunday, I came to Church early. I asked my pastor what was wrong with the Greatest Commandment letter. From the pulpit he used my copy before Church started with me and started circling the letter "I" negatively: I said it's a first person narrative -- what was I suppose to do -- write it in second person or third person? He then threw out, "New Age", in his attack. I told him that Isaiah went before the Throne Of **God**, about Paul's Brother going to the Third Heaven, and, then, John's Revelation.

While this was going on, Donna came down one of the center aisles. She said it could appear as New Age; but, it is not. I Asked her if she had looked up the numerous additional Scriptures (in addition to the original letter); and, she had. In full ear shot of the pastor, I asked her if the full letter was Scripturally sound; and, she said, "yes" -- and, the pastor heard her. She elaborated in red on the letter that she wanted even more information [which has been forth coming in this book]!

I met with the pastor for a couple of hours about 2 weeks later.

For I through the law am dead to the law, that I might live Unto **God**. I am crucified With **Christ**: nevertheless I live; yet not I but **Christ** Liveth In me: and the life which I now live in the flesh I live By the faith Of **The Son Of God, Who** Loved me, and Gave **Himself** for me.

Galatians 2:19,20

He refused to look up the verses after the one verse in Genesis. He got away from the Greatest Commandment and used manipulation for the over 90% of the remaining time.

The pastor has never repented up to this date -- 2/8/93, for sowing Tares in the Church's effort to Love **God** more. Even though he hurt a few people that Thursday evening in their Loving **God**, he did not straighten out his damage; instead, he'd rather play "head games", which I'm not interested in. To make matters worse, he knows he's wrong by two sound witnesses; also, he's too much of a "big shot".

Since September, 1992 I try to have the full sequence of Loving **God, The Father** and Loving **Dear, Lord Jesus Christ** step - by - step in a month's time.

March, 1993 I left the problem Church, because the pastor allowed adultery in the Church.

Spring 1993 After I have stood or sat up for a goal setting period of time in my heart attack recovery, I do just, basically, practice one small segment of the greatest Commandment as a goal, along with writing in this book, and typing The Greatest Commandment book, step - by - step.

Revelation 1:18-2:5 → It is a sin not to obey the greatest Commandment.

6/17/93 Thurs. My mother has now read a book about Loving **God**. She said the author believes that Loving **God** is Shown by loving

Even as Abraham Believed **God**, and it Was Accounted to him for righteousness. Know ye therefore that they which are of faith, the same are the children of Abraham. And the Scripture, foreseeing that **God** Would Justify the heathen Through faith, Preached before the Gospel Unto Abraham, Saying, In thee shall all nations Be Blessed. So then they which be of faith Are Blessed with faithful Abraham.

For as many as are of the works of the law are under the curse: for it is written, Cursed is every one that continueth not in all things which are written in the book of the law to do them. But that no man is justified by the law in the Sight Of **God**, it is evident: for, The just shall live by faith. And the law is not of faith: but, The man that doeth them shall live in them. **Christ** Hath Redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: that the blessing of Abraham might come on the Gentiles through **Jesus Christ**; that we might receive the promise Of **The Spirit** through faith.

Galatians 3:6-14

others. I disagree with the author's convenient assumption. First, there is a second, and separate, Commandment from the first

For he that soweth to his flesh shall of the flesh reap corruption;
but he that Soweth To **The Spirit** shall Of **The Spirit** reap life
everlasting.

Galatians 6:8

Commandment to love others instead of Loving **God**; and, part of that connection, the author is correct in though we're "reaching" here, for **Jesus Christ's** new Commandment came later, after the first & second Commandment to love our Brothers & Sisters In **Christ**, John 13:34,35, which now comes before the second Commandment but does not come, nor ever will come, before the first Commandment. Second, does the author's busy schedule allow him to take the time, and alone, and just concentrate in Loving **God** -- for Spiritual exercise profiteth much (1 Timothy 4:8,9)? I will go with what **The Holy Spirit** Says instead of what man says.

6/26/93 Sat. Having trouble concentrating on cleaning up my mind before Loving **God**.

Since I seem to be practicing the greatest Commandment in Spiritual exercise on goal achievements instead of catching up time better, I'm going to add Loving **God, The Father** and **Dear, Lord Jesus Christ, The Son Of God, The Messiah, God, The Son, The Emmanuel, The King Of Kings, The Lord Of Lords, The Prince Of Peace, The Lamb, The Amen, The First And The Last, my Saviour, & my Lord** With my spirit.

7/22/93 Thurs. I had trouble the last time I tried Loving **God, The Father** in concentrating on finding a really pure spot in my mind in the "center out" method; so, I stopped and did not do the stage of Loving **God, The Father**. I may have succeeded if I had spent more time going down to a much smaller part of my mind where there was total purity to expand in form outward and slowly to sphere outward for my whole brain.

Sat. 7/24/93 I had problems today; even though I had used up my

But **God, Who** Is Rich in mercy, for **His** great Love wherewith
He Loved us,

Ephesians 2:4

2 of the 4 combination stages is Asking, specifically, For **Jesus Christ's** Help, I Asked For **God's** Help and succeeded in completing this stage of Loving **God, The Father**. I took the time to go down smaller and smaller in the center of my mind until I found purity, and I took more time to have the purity grow and grow even with problems until my whole brain was pure and ready to Love **God, The Father**. Before I attempted this stage, I started and completed the (card table) Memory game to build up my concentration power.

8/14/93 Sat. **God** Wants me to complete all phases of the greatest Commandment To **God, The Father** before I have more accurate Satisfaction; the same thing is true in completing all phases of the greatest Commandment to **Dear, Lord Jesus Christ, The Messiah, God, The Son, The Emmanuel, The King Of Kings, The Lord of Lords, The Prince Of Peace, The Lamb, The Amen, The First And The Last**, my **Saviour**, and my **Lord** before I have more accurate Satisfaction.

8/27/93 8/28/93 Sat. I did not succeed after completing all phases of the present Loving **God, The Father** in having more accurate information and Satisfaction With **God, The Father** (as I have had With **Him** in the past). I Believe that after I have completed all of the greatest Commandment, as well, with **Dear, Lord Jesus Christ, The Messiah, God, The Son, The Immanuel, The King Of Kings, The Lord Of Lords, The Prince Of Peace, The Lamb, The Amen, The First and the Last**, my **Savior**, and my **Lord** and my Prayers afterward that I will have accurate information From **God, The Father** on nitty gritty information from my questions again.

I did poorly this week on a failure rate of finding a really pure spot in my mind in the "center - out" method in the partial preparing process of Loving **God, The Son** with all of my mind. I should have

that **Christ** May Dwell in your hearts by faith; that ye, being rooted and grounded in Love, may be able to comprehend with all Saints what is the breadth, and length, and depth, and height; and to know the Love Of **Christ**, which passeth knowledge, that ye might be filled with all the fulness of **God**.

Ephesians 3:17-19

come down and done the Memory game to build my concentration power.

9/12/93 Sunday It has been hard in finding a pure spot in my mind, & this time I Asked For **God's** Help in finding it.

10/10/93 Sunday Even in my cleansing process, my mind was not pure enough to find a pure spot in my mind in the "center - out" method.

11/8/93 Monday After Sending my heart up Into **The Son Of God** (John 15:1-10) Loving **Him** with all of my heart, **He** Sent Back my heart as golden; and, then, I Loved **The Son Of God** in the final combination stage.

11/10/93 Wed. The first appearance of the greatest commandment in the Bible is up in Deuteronomy, where Moses, only, is speaking. In Deuteronomy Chapter 6, the Commandments, up to that time, 6:1, Came From **The Lord God**; but, the greatest commandment came from Moses directly; and, yet centuries later, though the greatest commandment was ordered by a man from his heart, soul, and mind, **Dear, Lord Jesus Christ** said it is the greatest Commandment of all. This commandment came from man (Moses), but **God** Said it is greater than any **He** Had Said before.

Love is so Prevalent and Important To **God**, that **The Son Of God**, in essence, said to Love our Christian Brothers even more than our neighbors (John 15:12).

11/15/93 Mon. I began doing the greatest Commandment today

For ye were sometime darkness, but now are ye light In **The Lord**: walk as children of light; (for the fruit Of **The Spirit** is in all goodness and righteousness and truth;) proving what is acceptable Unto **The Lord**.

Ephesians 5:8-10

Loving **God (More Than One In Only One)** for the first time after Loving **The Lamb** with all of my spirit.

1/22/94 Sat. It did not take long for me to do my portions of the greatest Commandment today.

4/15/94 Friday I did the greatest Commandment today without cleaning up my mind first. I Loved **God** with all of my mind going right into it. I checked with **God, The Father**, and it is OK to go ahead instead of spending an enormous part of my time looking for a pure part of my mind and expanding on it. If I can stop my mind wandering, I will save more time and be more productive.

I am doing the next portion of the greatest Commandment after each full series of exercises; instead of waiting until after putting in my time standing and sitting.

It was very encouraging doing the greatest Commandment today. Saturday 4/23/94 In doing the part of Loving **God** with all of my heart, mind, and soul separately and then with all of my mind, soul, and heart in the first of the four combinations, I did seek more pure spots in my brain to push out against more corrupt parts of my brain though not required in Loving **God** with all of mind, now, it did help.

It was harder to do the greatest Commandment yesterday than a week ago.

Sat. 5-14-94 I've been having a harder time concentrating initially in doing the greatest Commandment now.

The greatest Commandment is not a request, it is a Commandment Confirmed By **God - Is - With - Us** as the greatest Commandment.

not with eyeservice, as menpleasers; but as the servants Of **Christ**, doing the will Of **God** from the heart;

Ephesians 6:6

I made it through Loving **God** in the 3rd to last and 2nd to last phases today. It was very difficult this week and through the first parts of doing the 3rd to last phase today.

God, The Father Guided me with my questions during my phases in Loving **God** today.

Sunday 5/15/94 After finishing the newer complete cycle of Loving **God, The Father, The Son Of God, and God** (from now on I will continue to Love **The Holy Ghost**, as the 3rd part end of the complete cycle [again]), I then, Spoke In Tongues (as I have for years after completing the cycle, and, now, I Speak In Tongues [by the Grace Of **God, The Father** some years ago], after not just at the end of the whole complete cycle, now, but complete all the stages of Loving **God, The Father** and, then, also, Loving **The Son Of God**) Loving more **God, The Father, The Son Of God, and God**, while finishing up by Speaking In Tongues, than I have before. 3/16/3 Sunday For years I did the greatest Commandment, before I could Speak In Tongues.☺

If you have time to read this, you have time to do the greatest Commandment. Get on your knees (if your knees are busted up, use a pillow under them, and if your knees are too busted up, sit in a chair) and get going -- now.

5/19/94 Thurs. **The King Of Kings** (though **He Is In God** and **Is God**) and **God** (even though **God, The Father** [and **The Spirit Of Truth**] are in **God**) Magnificently Helped me Love **God, The Father** With all of my mind. It was beautiful.

5/29/94 Sunday I successfully Asked **The Son Of God**, and I Asked **The Holy Spirit** To help me love **God, The Father** with all of my soul this morning.

6/5/94 Sunday I had a big heart attack 8½ years ago, and my

Grace be with all them that Love our **Lord Jesus Christ** in sincerity. **Amen.**

Ephesians 6:24

heart area hurt while I Loved **God, The Father** with all of my heart today.

6/15/94 Wed. When I was Loving **God, The Father** with all of my heart, all of my soul, and all of my mind a few days ago, I had trouble sending the different parts of my being to the area that it should be away from me, in Loving **God, The Father**, to the place, which normally is the step before going to the "ridge" (step) between there and the Pure Light Of **God** (which is the step area preceding the next step Before **God** On **His** Throne in sending my Love To **Him**). It was difficult to find the area where I first send out my Love To **God** for the different parts of my being; my effort was not very strong, and the territory and Path were different to the place where my Love For **God** powers come forth from around that part of my being, even against evil. After more than one attempt, I came to a dark wall (for the first time) and could normally go no further. All of my heart went into the wall (later followed by all of my Loving To **God (The Father)**, soul, and, then, later all of my Loving To **God (The Father)** mind). Inside the wall, it was very dark and the light from my Love was very little against this darkness. My heart (still Loving **God, The Father**) moved pretty soon up through this dark wall until I broke through at the top and, then, to the next step of the "ridge". This was done with the Help Of **God, The Son** and **The Comforter** and patience (and alert determination).

8/22/94 Monday I had trouble yesterday concentrating and today getting going. I resorted to the concentration Memory game, which helped today.

I did much better finally purifying my mind (optional now) before Loving **God, The Father**. I did not ask for **The Faithful Witness's** nor **The Holy Spirit's** Help this time on the first stage of Loving **God, The**

I can do all things Through **Christ Which** Strengtheneth me.

Philippians 4:13

greatest Commandment. I failed today however in Loving **God, The Father** with all of my heart, spirit, mind, and soul, even with my **Saviour's** Help and **The Holy Spirit's** Help. I abandoned Loving **God, The Father** with all of my spirit included in this stage after a few initial attempts today, because I have been attempting this for weeks unsuccessfully and not moving ahead with a number of other needed activities. I was thinking about moving on ahead with my Bible study instead of waiting until this stage in Loving **God** was completed; but, today I went ahead and Loved **God, The Father** with only all of my heart, with all of my mind, and with all of soul with the gracious Help Of my **Saviour** and the Help Of **The Holy Spirit**. I did have problems going to the left and up; it wasn't as distinct, and my concentration and effort was not very well. I made the mistake of staying at the "ridge" about 2/3rd's the way through; after I realized this, I went to the bright and more holier area between the "ridge" and **God's** Throne and Loved **God, The Father** with all of my heart, with all of my mind, and with all of my soul. Then I came back holier enhanced in Loving **God, The Father** with all of my heart, with all of my mind, then with all of my soul. (If you don't like the latter then tell it to Paul in 2 Corinthians 12:2.)

11/23/94 Wed. **God** Blesses me in many ways, including unexpected physical things and some physical things that I desire, after I complete a stage in the greatest Commandment (it seems more so now than before), which is obeying, and **He** Blesses as **He** said **He** Would in The Bible.

12/29/94 Thurs. Hard time getting my mind to the left and to the "ridge" today, and I failed.

12/30/94 Friday If you like to do puzzles, you will like doing the greatest Commandment, as well.

I had a hard time getting all of my mind, all of my soul, and all of my heart to the left, then up to the "ridge" and beyond. I failed in

which all are to perish with the using;) after the commandments and doctrines of men?

Colossians 2:22

getting to **God, The Father's** Throne for the first time in years when I was supposed to. I did complete Loving **God, The Father** with all of my mind, with all of my soul, and with all of my heart combined (the 1st of the 4 combined stages). I realized I could Call out To **The Prince Of Peace** and **The Helper** for later in the stage (making a second part of the stage), after struggling with this stage for a length of time; so, I went ahead and finished Loving **God, The Father** as best as I could without being able to find **His** Throne With **His** Permission. Knowing where I was to Love **God, The Father** with all of my mind, and with all of my soul, and with all of my heart (and, then, in combination) was pretty much a mess in location.

Things were better when **The Prince Of Peace** and **The Helper** Helped me in the second part of this combination stage. Though I was not able to find **God, The Father's** Throne and Love **Him** at the foot of It, I was able to Love **God, The Father** more fuller -- Thanks To **The Prince Of Peace** and **The Helper**.

3/28/95 Tues. I have not done the greatest Commandment, since January, mostly because of a broken rib.

3/29/95 Wed. Did about 10' worth and received a silent harassing phone call (local). With Mother near going to the hospital today, I will cancel this wide open day (first one for a weekday in weeks) and do the greatest Commandment typing instead.

5/18/95 Thurs. First wide open weekday or Saturday since 3/29/95.

'Had trouble getting started.

I came down and played the Memory game; but, I wanted to stop a number of times, because I did not want to concentrate that long, for it pained-my-brain; but, even though I was going to stop for some time, I thought of Loving **God**, and I went ahead & finished the

If ye then be risen With **Christ**, seek those things which are above, where **Christ** Sitteth On The Right Hand Of **God**. Set your affection on things above, not on things on the earth.

Colossians 3:1,2

Memory game.

I drank a lot of coffee today, even though I had a decent night's sleep, and took an afternoon nap before really getting started.

I completed the second combination stage of Loving **God, The Father** with all of my mind, with all of my soul, and with all of my heart.

I had initial trouble going to the left with all of my mind Loving **God, The Father**, after playing Memory, but better than before the game. I went through things and attempts to the top were unsuccessful in getting to the Holy Area before getting to the place at **God's** Throne. After going through and beyond a white-type up and down area (was below me and above me, in passing, as well) similar to an elongated lens of an eye and seemed to be super living, I went back with all of my mind through this up and down area and went upward before it and, then, went up to the Holy Area, which has a dazzling whiteness, where I poured on the Love for **God, The Father**. I did not go to the Throne, probably because I was unworthy.

I had trouble, similarly, getting all of my soul and, then, all of my heart to the Holy Area.

I brought back my mind, then my soul, and then my heart and Loved **God, The Father** in combination for this stage and, then, sent all of my mind, all of my soul, and all of my heart in this combination back up to the Holy Area. »This is not an "out of the body" experience.«

I Loved **God, The Father** similarly but in the third combination stage.

At the end of the fourth combination stage, after having the Help

And The Very **God** Of Peace Sanctify you wholly; and I Pray **God** your whole spirit and soul and body be preserved blameless unto the Coming Of our **Lord Jesus Christ**. Faithful Is **He** that Calleth you, **Who** also Will Do it.

1 Thessalonians 5:23,24

Of **The First And The Last** and **The Holy Spirit**, I Loved **God, The Father** at **His** Throne.

I did the main Prayers that I do after completing the greatest Commandment and, then, Spoke In Tongues more extensively.

5/21/95 Sunday **God** Told me after I have gotten up (to the "ridge" and/or beyond) to the position where part(s) of my being are Loving **Him**, not to come back anyway, except straight back to me.

6-19-95 Mon. Finally started Loving **God, The Father** with all of my strength (before my walk exercises) today.

Heart problems this week after Loving **God, The Father** with all my strength, particularly some periodic tightness in the center of the chest.

10/15/95 Sunday Though I do not do the exercise of Loving **God** with my inner being nor my outer being now, I will be Loving **The Holy Spirit** in the greatest Commandment exercises after Loving **The First And The Last** in the greatest Commandment exercises.

God, The Father, Told me today not to call **The Holy Spirit**, "God, The Spirit".

I will write up a new shirt cardboard for Loving **The Holy Spirit**.

Matthew 5:44,45: But **I** say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and Pray for them which despitefully use you, and persecute you; that ye may be the children of your **Father Which** Is In heaven: for **He** Maketh **His** sun to rise on the evil and on the good, and Sendeth

And **The Lord** Direct your hearts into the Love Of **God**, and into the patient waiting For **Christ**.

2 Thessalonians 3:5

rain on the just and on the unjust.

One time during the practice of the greatest Commandment I felt **God's** overwhelming Love; I could not comprehend a substantial part of **His** infinite Love with my mortal brain. **God's** Love is, also, great enough to Love evil people; that is why, as a Child Of **God**, I should love my enemies, even though I can fight back since my heart attack. »Love your enemies and do not submit yourself nor compromise with their evil.«

4/14/96 Sun. I tried To Love **The Faithful And True Witness** all the way To **His** Throne, but I failed.

I tried To Love **The Faithful And True Witness** with my heart and, then, with my spirit, but I failed in both.

I Loved **The Faithful And True Witness** with all of my soul (no extension) with the Help Of **The Comforter**.

I Loved **The Faithful And True Witness** with all of my mind (no extension) with the Help Of **The Comforter**.

11/10/96 Sunday I Loved my **Saviour** with all of my heart; with all of my spirit; with all of my heart, soul, spirit, and mind; with all of my mind, soul, and heart; with all of my heart, soul, and mind combined (first combination), and with all of my heart, soul, and mind combined (2nd combination).

Did much better in the morning and had problems with later accomplishments going to the left and then in other directions.

After a brief while heading left, I went through a door, going left, without opening it, except once, which was not necessary. I went through and was stopped at times by different and strange obstacles in Loving my **Saviour**. I would a few times change directions with my **Saviour's** Direction, but I never came to the "ridge" nor Loved my **Saviour** there today. I would wind up with all of my heart Loving my

For **God** hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

2 Timothy 1:7

Saviour in one place, all of my soul Loving my **Saviour** in another place, and all of my mind Loving my **Saviour** in another place. This happened in different places each time in Loving my **Saviour** with all of my mind, soul, and heart with all of my heart, soul, and mind combined (first combination), and with all of my heart, soul, and mind combined (second combination). Each time on the combinations, I would bring all of my heart, all of my soul, and all of my mind back and combined them together properly and send them up combined to a similar direction.

It is easier to just go straight up To **God** in Loving **Him**, but presently **He** Wants me To Love **Him** Through obstacles and to Love **Him** with all even though surrounded at times by evil forces, spirits, and wickedness.

I was weak and too tired to successfully do the third combination this night.

12-22-97 Sunday The student pastor was putting down my letter on the greatest Commandment indirectly, which I had passed out to the Church earlier, by abusing the pulpit and saying that the greatest Commandment should not be done structurally. I told the elder later that **Jesus** said, "He who is least in the kingdom of heaven is greater than he", in regards to the student pastor.

12-20-98 I have not resumed Loving **The Lion Of The Tribe Of Judah** in the pattern I was doing where I left off on 11/10/96, but hope to resume soon.

I have been Loving **God** regularly since 11/10/96, but not with the "all" goal, another words Loving **God** with "all" of my heart, etc..

What I have been doing is Loving **God, The Father** one day, the next day Loving **The Lion Of the Tribe Of Judah**, and the third day Loving **The Spirit Of Truth**.

To **God, The Father**, I Love **Him** with my heart after apologizing To **Him**. I Love **Him** with my heart with a quick effort to get Love To

For the time will come when they will not endure sound doctrine; but after their own lusts shall they heap to themselves °instructors°, having itching ears;

2 Timothy 4:3

Him; and, if that Is Acceptable To **Him**, I Love **Him** with a more full effort with my heart; and, if Acceptable, I Love **Him** with my mind. I Love **Him** quickly with my mind; and, if Acceptable, I Love **Him** more in depth with my mind: first, I use a plane (at least since Feb. 1991) going from the bottom of my mind to the top removing bad things from my mind, then I Love **God, The Father** with a more pure mind; second, as written earlier on 8/17/90, I do the 2 arcs (arches) method in Clearing out more of my mind and order any demons, from above where the arcs (arches) meet, to go to the farthest place of the universe where nothing will be until Judgment Day In **The Lord Of Lord's** Name, before I do this Cleaning out; third, a "planes" method as described here on Thursday, 12/19/90, will I use to Clean out some if any bad in my brain; and, fourth, I have been making my brain holy and have had three, separate, enclosed areas of my brain, where, I Would Ask **God** which of the three areas, left, center or right I would start the more holiness, which to me would appear more white when starting, then go to the second area with holiness, and, then, to the third area with holiness forcing out unholiness (1 Peter 1:16, "Because it is written, Be ye holy, for I Am Holy") and Love **God** With the purest and holiest mind possible. Because of experience with the fourth stage, I have recently replaced it with **God's** Permission with just generating holiness into the whole mind before Loving **Him** again with my mind. The mind is more complicated than strength. If Loving **God, The Father** with my mind Is Acceptable To **Him**, I Love **Him** quickly with my soul. If that Is Acceptable to **Him**, I order any demons in my soul to the furthest place of the universe where nothing will be (and no other demons) until Judgment Day in

henceforth there is laid up for me a crown of righteousness, which **The Lord**, The Righteous Judge, Shall Give me at that day: and not to me only, but unto all them also that Love **His** Appearing.

2 Timothy 4:8

The Lord Of Lord's Name (Luke 11:25,26). If that is Successful (if not I continue until Successful by the Power Of **God**), then I Love **God, The Father** more with my soul. "And ye shall be hated of all for my name's sake; but he that shall endure unto the end, the same Shall Be Saved." Matthew 10:22; 24:13; Mark 13:13; 1 Peter 4:18; Revelation 21:24. If Loving **God, The Father** more with my soul is successful, then I Love **God, The Father** with my spirit, from my toes to the tips of my fingers and outward To **Him**, skipping my gonad area. If that is Acceptable To **God, The Father**, then, I accurately Thank **Him** for **The Holy Ghost**, then, I Thank **Him** for **The Lord Of Lords**; then, I Praise **God, The Father**; and, then, if that is Acceptable To **Him**, I go on with my Prayers.

The next day I Love **The Lord Of Lords** the same way as I Loved **God, The Father** the day before. However, toward the end I Thank **The Lord Of Lords** for Leading me To **God, The Father**, instead of Thanking **The Lord Of Lords** for **God, The Father**.

On the third day, I Love **The Holy Ghost** the same way, except I have not advanced to Loving **The Holy Ghost** with my spirit. I neither Thank **The Holy Ghost** for **God, The Father** nor **The Lord Of Lords**.

5/2/99 Sun. I Loved **The First And The Last** in the 3rd & 4th final stages today.

I did not make it to the ridge before the light but did go to the left and pretty soon came to a wall, which I did not go through and then

For The Word Of **God** is Quick, and Powerful, and Sharper than any two-edged sword, Piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a Discerner of the thoughts and intents of the heart.

Hebrews 4:12

went up, which is what **The First And The Last** Told me to do in the 3rd stage. I, then, Was Ordered to go straight up while Loving **The First And The Last** in the 3rd stage; after a little while I veered to the left into a darker area; and, then, I had to go at a 45° angle to the right for just a little while, and I came into more light and then went straight up; the straight and narrow path was prevalent when I went straight up and did not veer off of it again. I was going straight up with my Love in the 3rd stage sometimes slower and sometimes faster for what barely seemed a never-ending time; there was a point that was reached where I was to stop, by what **The First And The Last** Told me, and I finally Loved **Him** in the 3rd stage there in finality.

When I expanded my heart soul, and mind in the 4th stage, I did not combine them. I went straight to the edges of my body, and moved further out, but not by a whole lot and Loved **The First And The Last** with all of my heart, with all of my soul and all of my mind without having to go any further, according to **The First And The Last**.

Next time complete all stages in Loving **The Holy Spirit** and newly include Loving with my spirit.

7-18-99 With **God's** Permission, I cut back my regular Loving **God** with my mind, as described on 12/20/98. It has been hard to do the infinity part, in concentrating, as described, also, on 12/19/90; so, the third (infinity) part and the fourth (holiness) part have been stopped indefinitely.

8/1/99 Sun. Last week I began the fourth part (holiness) again, but not the third part (infinity), in my regular Loving **God** with my